

AN IMPORTANT PIECE TO YOUR HEALTH CARE PUZZLE

Staying up to date on preventative services, such as immunizations and screenings, can help individuals avoid certain diseases in their early stages to limit the harm they can cause. *That's preventive care* – and it can help you stay healthy or catch health issues early.

Want to remain feeling healthy?

Preventative care services are typically covered 100% and can include things such as:

- Annual wellness visits
- Age-appropriate cancer screenings
- Blood pressure or cholesterol screenings
- Standard immunizations

Wellness services, such as weight management and stress reduction, can also help you adopt a healthy lifestyle. To find out what preventive and wellness services are recommended for you or your family, talk to your doctor today.

What's the difference between preventive care and diagnostic care?

- Preventive care is designed to help you stay healthy, and may be covered by most health plans with \$0 out-of-pocket when you see an in-network provider.
- Costs may be incurred for diagnostic care based on plan coverage. Check your plan documents for details.



Schedule an appointment with your doctor today!

Routine preventive care may help you manage your health, and is generally covered at 100% by most health plans.



Preventative Care

Preventive care includes routine well exams, screenings, and immunizations intended to prevent or avoid illness or other health problems.



Diagnostic Care

Diagnostic care includes care or treatment when you have symptoms or risk factors and your doctor wants to diagnose them.

When is care considered preventive?

A procedure can be considered preventive care in most situations, but not always. This is important, because a service has to be considered preventive in order to be exempt from copays, coinsurance or deductibles. If not, charges may apply.

